## What are Remote Video Visits?

Remote video visits are short visits that occur between your regular in-home visits and allow you to meet with your health care provider using your computer, tablet, or smartphone.

You can use this time to ask your health care provider about any questions or concerns you may have, tell them if you are feeling sick or are in pain, and get new or review important information about your health condition, treatment, or medications.

Remote video visits allow you to take control of your health and learn to be more independent with managing your condition.

## To learn more about Remote Video Visits, scan the QR code below using the camera on your smart phone or tablet.



## Instructions:

- 1. Open the camera on your smart phone or tablet and point it at the QR code for a few seconds.
- 2. If a notification appears on the screen, tap on it.
- 3. If you don't get a notification, go to Settings and enable QR code scanning.

## Patient Testimonials

"Our remote calls help me to feel better about my health as I'm learning to live with this new diagnosis."

"Living with diabetes is hard, but remote video visits help me to be accountable and make it easier to manage my sugar and diet."

"I was afraid I really got my medications mixed up. My nurse was able to help me straighten up my pill box by using my camera on my smart phone."